

## CONSENT FOR TRAINING FOR NEUROFEEDBACK SERVICES

I hereby apply for NeuroCARE™ Neurofeedback Training.

I understand that David Delaney, MA, CAR, LPC and Certified Advanced NeuroCARE™ Neurofeedback Trainer, does not diagnose, nor treat any psychological or medical conditions. David Delaney's Neurofeedback practice is limited to offering neurofeedback training for personal growth, transformation, and optimal flow, function, and performance. NeuroCARE™ utilizes a comprehensive, non-linear dynamical approach to training. Therefore, David cannot predict your personal response to neurofeedback training, nor its outcome. Each person's journey and results vary. For example, some people experience much shift and growth while others are slow and steady in their benefits. It's also possible you will perceive little or no effect, though this is very rare. Progress rarely follows a straightforward path, but rather goes "up and down" although we do want to see a general trend in the desired direction.

Please do not hesitate to raise with me any questions that you may have, at any time. My commitment to you is to provide the best possible training I can, and to address your questions and concerns openly and straightforwardly. Beyond that, your training is a unique journey that we embark upon together.

It is possible you may experience some unwanted effects during training. These can show up during the session, such as your heart beating rapidly or feeling sleepy. Or they may show up later in the day, such as fatigue, irritability, difficulty sleeping or a headache. Unwanted effects usually seem related to the instabilities that brought you into training in the first place. My goal is to keep you as comfortable as possible, although this is not actually necessary for effective training to occur (e.g. feeling sore after going to the gym does not mean you are not benefiting nor after reaching a big goal you may also as well feel exhausted). A small percentage of clients find their journey is one of oscillating between the best they have ever been and the worst they have been. You will gain resilience and flexibility over time, but you may decide it is not worth it to you. You will be the best judge of that. The most important thing you can do to help me minimize any unwanted effects, is to let me know how you are feeling both during and after sessions.

Please be aware that the training can be incredibly relaxing. Please exercise caution and good judgment regarding your ability to drive after your session. Most clients really enjoy their sessions. You do not have to "do" anything. Just sit back, relax with eyes open or closed (closed is suggested) and let your brain/central nervous system do the work. If you wish to commence training, please sign below indicating that you have read, understood, and accept the above information. Thank you!

\_\_\_\_\_  
Your Signature

\_\_\_\_\_  
Today's Date

\_\_\_\_\_  
Your Printed Name

\_\_\_\_\_  
Guardian Signature

\_\_\_\_\_  
Today's Date

\_\_\_\_\_  
Your Printed Name

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Home Phone \_\_\_\_\_ Cell Phone \_\_\_\_\_

Work Phone \_\_\_\_\_ Email \_\_\_\_\_

How were you referred? \_\_\_\_\_